

# DR. BETH HALBERT (A.K.A. DRBETH)

Author, Speaker, Coach & Facilitator

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## Quiet the chaos and create peaceful, easy people relationships with a whole lot more fun!

Speaker Intro: One of the biggest struggles we have is handling defiance and disagreements in all our relationships. DrBeth, “America’s Teenologist” is committed to helping people of all ages understand and appreciate their “Inner Family” so they can experience self-healing, freedom, and personal power—enabling them to enjoy healthy relationships and live their best lives. DrBeth creates fun, authentic family connections through compassion, love and playfulness. She empowers managers and employees to excel through communication and teamwork and ensures “win-win-win” relationships inside and out for families and professionals.

### Sample Questions to Ask DrBeth During an Interview

- What are some word tracks that can help authentically manipulate my child for win-win?
- Why is defiance a good thing for us, and how can we deal with it in other people?
- What is the cost of compliance or being a “doormat”?
- How do you help people overcome their parenting and relationship challenges?
- What 10 things do teens want their parents to know, but they're never going to tell them?

*Dr. Beth Halbert, a.k.a. DrBeth, known as “America’s Teenologist,” is a former child/teen and family psychologist with a big vision and a compassionate heart. She combines sound clinical practices and coaching with warmth, playfulness, and self-expression to help people build healthy, loving relationships in their lives.*

*She offers a wealth of products, programs, and services that help teens, parents, teachers, coaches, healthcare workers, business professionals, and leaders tap into and live into their greatness. She is a speaker, author, educator, facilitator, coach, consultant, and singer/songwriter.*

*She is the author of the award-winning book *Embracing Defiance: Helping Your Child Find Their Unique Voice While Keeping Your Sanity*, which helps parents understand and appreciate the value of healthy defiance. She is also the writer, singer, and producer of multiple children-and-parent music CDs.*

To schedule an interview  
with DrBeth:  
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