

Corporate Consultant, Keynote Speaker, Business Coach,  
Psychologist & Facilitator

# Beth Halbert, PsyD

## About DrBeth

Dr. Beth Halbert, a.k.a. DrBeth, is a consultant, keynote speaker, business coach, psychologist and facilitator in the corporate world. She empowers leaders and employees to excel by improving their communication and teamwork and increasing their productivity and workplace satisfaction.

Delivering talks and facilitating programs on a wide array of topics, DrBeth is dedicated to improving workplace communication and teamwork by bridging the management/employee gap and the Millennial/Boomer gap to ensure win-win-win relationships.

She offers ideas and practices to help professionals at all levels reverse dysfunctional workplace and relationship patterns, how to create new avenues for internal and external motivation, how to shift fears into opportunities, and how to set focused, attainable objectives --- all while having fun in the process!

With a Doctorate in Psychology and a Masters in Human Resource Development and Adult Education, DrBeth has worked with leaders, managers and employees at family-owned businesses and Fortune 500 companies. Among her clients are American Family Insurance, General Motors, Honda, JD Power and Associates, Marriott, McGraw Hill, Toyota, and Volkswagen.

Her company, DrBeth's Compassionate Parenting, is committed to creating sustainable social change and supporting people to become the business leaders they want to be.



"DrBeth inspired and taught our sales team how to take the time to WOW the customers! She created an eye-opening experience to the small things that have made a big impact overall with the management team and the staff. Our CSI is consistently eight points higher than when she started."

– Rich Fox, General Manager, Roseville Volkswagen

**DrBeth.Com**  
America's Teenologist  
Bridging The Parent-Teen Communication Gap

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## DrBeth's Keynote and Business Training Topics

### **Bridging the Management/Employee Communication Gap**

Conflicts and lack of communication between people in business can result in poor performance, low productivity and a hostile work environment. DrBeth shows managers and employees how to communicate effectively as a way to build strong, successful, loyal teams.

### **Increase Profitability by Reducing Stress**

Stress within a business team is common and often based on how team members interact. DrBeth offers this interactive workshop that teaches teams how to take the stress out of business relationships and create win-win-win situations.

### **End the Sabotage**

Change is normal in business, but many employees have difficulty accepting changes and often unconsciously sabotage themselves and their work. DrBeth teaches employees and managers to accept and embrace change in themselves and transform self-sabotaging stories.

### **Parents and Business: How to Build a Supportive Environment for High Performance**

DrBeth shows parents/leaders how to take care of themselves and improve the communication with their teens and their employees. By transforming their family life and work performance, parents/leaders can help their families and their organizations be more successful.

## DrBeth's Products & Programs For Business Professionals

**Power Hour For Business** – These monthly calls with DrBeth offer business professionals valuable ideas, practices, tools and support to help you improve your communication and increase your success and satisfaction working in an office or at home.

**Greatest Strengths Assessment** – This assessment will help you discover your strengths, styles, characteristics, perceptions, motivators and triggers – and how each one impacts your work. You'll learn how to shift unhealthy patterns and leverage your strengths in your work situation.

**Compassionate Business Quiz** – This quiz will help you assess how compassionate you are with yourself and your team. You'll learn how you can gain more satisfied and loyal employees and customers by becoming a more compassionate leader and organization.

**Own Your Story Beta Business** – This course will help you transform the old stories, beliefs and patterns you find yourself repeating in your business or work situation so that you can consciously create the business or job that you most want.

### **Contact DrBeth**

For more information on DrBeth's products, services, programs and events, visit [DrBeth.com](http://DrBeth.com). For speaking engagements, media interviews, sponsorship opportunities and other inquiries, contact DrBeth at [DrBeth@DrBeth.com](mailto:DrBeth@DrBeth.com) or at (925) 403-4113.